



ACTIVE SHOOTER & VIOLENCE IN THE WORKPLACE SEMINAR

March 4, 2020 • North Carolina Bankers Association • Raleigh, NC

Instructors: Terry Choate, Blue-U Defense
Joe Hileman, Blue-U Defense

Wednesday, March 4

8:30 – 9 am

Registration / Continental Breakfast

9 – 10:30 am

Surviving an Incident of Violence / Active Shooter

- The Decision-Making Process and How to Master It
- The Dynamics of an Incident
- Hallways/Offices/Gathering Areas
- Your Building is the High Ground
- Armed Robbery vs. Active Shooter
- Running Towards or Away from Your Adversary?
- The Importance of Recognizing Signs of Violence
- The Mind of the Shooter: Why you must understand how they think, what their goals are and how to win the mental battle against them
- Practical Personal Defense

10:30 – 10:40 am

Break

10:40 am – 12pm

Surviving an Incident of Violence /Active Shooter, cont.

12 – 1 pm

Lunch

1 – 2 pm

Advanced Workplace Violence – Prepare to Win!

- De-Escalation
- Recognizing Signs of Violence
- Lockdown Preparation
- Tactics
- Barricades
- Hard Corners
- Winning Mindset
- What to Expect from Law Enforcement
- Practical Personal Defense
- OODA Loop

2 – 2:15 pm

Break

2:15 – 3:15 pm

Physical Site Security and Compliance with Bank Protection Act

- Physical Site Security Assessments

3:15 pm

Adjourn